

TIME:

4:00 p.m. to 5:30 p.m.

LOCATION:

MDCL 3020

WEBSITE:

www.demystifyingmedicine.ca

CONTACT INFO:

Dr. Kjetil Ask

demystifyingmedicine@gmail.com or Sara Sellers ext. 76706





Department of Medicine



Continuing Health **Sciences Education**

Surviving and Thriving **After Critical Illness**

SPEAKERS:

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Dr. Joseph Pellizzari

Associate Professor (PT), Department of Psychiatry and Behavioural Neurosciences



Dr. Michelle Kho

Assistant Professor, School of Rehabilitation Science Canada Research Chair in Critical Care Rehabilitation and Knowledge Translation

Adjunct Assistant Professor, Department of Physical Medicine and Rehabilitation, Johns Hopkins University



Dr. Jill Rudkowski

Associate Professor, Department of Medicine Internal Medicine Clerkship Director and Director of Student Advising, DeGroote School of Medicine Director, Medical-Step Down/CCU, St. Joseph's Healthcare Hamilton

LEARNING OBJECTIVES:

- Describe the range of challenges that survivors of critical illness (and their caregivers) face from psychological, cognitive, and physical perspectives.
- To review pertinent research into the components of Post-Intensive Care Syndrome.
- Review opportunities to enhance clinical care within the intensive care unit environment and upon transitions into community care.
- To learn about research in early rehabilitation strategies to improve outcomes for ICU survivors.